"Our mission is to work as a dedicated team, supporting and educating our community. We encourage better health through chiropractic, with integrity and compassion in a fun, friendly atmosphere."

Meet Dr. Christie Prosper:

Hi. My name is Dr. Christie Prosper. I was born and raised in South Dakota. I left Sioux Falls to attend the University of Nebraska-Lincoln and graduated with a bachelor degree in Exercise Science and Kinesiology. I received my doctorate in Chiropractic at Northwestern College of Chiropractic in Minneapolis, MN. I moved to Michigan in January 2002, and in one week met Ivan, who would become my husband. I practiced in Port Huron, MI for 3 and 1/2 years. When I decided to open my own practice in Royal Oak, MI. I practiced in Royal Oak for over 4 years. Although it was difficult to leave my friends, and wonderful patients, my husband and I decided to relocate to his hometown of Nassau, Bahamas.

One of the things I am most proud of is my chiropractic mission trips. I helped to organize trips to bring chiropractic to India and Peru. Both were incredible life changing experiences. I have been entrusted to take care of babies only a few hours old, as well as professional athletes. My oldest patient is 97 years young. I speak regularly for businesses, industry, women’s groups, clubs and organizations. My reason for becoming a Doctor of Chiropractic is to help as many people as possible achieve and express their full health potential without the dangerous side effects of drugs and surgery. I absolutely love what I do, and cannot imagine doing anything else. I am continually rewarded by patient’s advancement towards optimal health and their positive response to chiropractic. I pride myself in providing the very best chiropractic care available.

I am excited to be a part of the community and this beautiful country, When coming to Prosper Family Chiropractic Center, you will be greeted warmly by our friendly, helpful staff. You may even meet Elizabeth, our daughter. My husband and I are very excited about the new addition to our family. Elizabeth has been getting adjusted since birth, and she is the healthiest child I know!

I invite you to visit our fun and friendly office. We will explain everything in advance and offer choices along the way. We are happy to help you regain your health and attain your health goals. All of us at Prosper Family Chiropractic Center look forward to meeting you and your family.
On your first visit, you will check in with the front desk staff to receive the paper work for you to fill out. This paper work lets Dr. Prosper know of your needs and your long-term health goals. You will find the front desk very helpful and supportive of your health goals while you are a patient at our office.

Dr. Prosper will ask you about your health complaints and your main concerns. She will also ask about your family history, dietary habits, other care you may have had (chiropractic, medical, physical therapy, etc.), your job, and other questions designed to help determine the nature of your illness and the best way to go about treating the problem.

A physical and spinal examination will be performed to detect any structural abnormalities, which may be affecting or causing your condition. This examination may include x-rays. All of these elements are important components of your total health profile, and vital to the doctor in evaluating your problem.

An "adjustment," as doctors of chiropractic use the term, means the specific manipulation of vertebrae, which have abnormal movement patterns or fail to function normally. This misalignment is called a “subluxation”. Doctors of chiropractic spend years learning motion palpation (the art of examining by movement or touch) and other forms of spinal examining procedures, so that they can administer specific and appropriate spinal adjustments.

Once Dr. Prosper has identified the problem, she will begin care by way of your spine where a subluxation has been detected. The adjustment is usually given by hand or "activator" type instrument, and consists of applying pressure to the areas of the spine that are out of alignment or that do not move properly within their normal range of motion.

Doctors of chiropractic use many sophisticated and varied techniques, and the specific procedure to be used will be determined and explained completely to you following a careful evaluation of your radiographs and physical findings. Please do not hesitate to ask any questions that you may have.

After the adjustment, the doctor will give you further instructions on what you can do at home to help implement your health goals. And remember to make sure you schedule about an hour for this first visit. We look forward to seeing you.

Call 323-0041 to Schedule Your Appointment Today!!

Conveniently located on the corner of Shirley Street & Shirley Park Ave
(Next left after Sacred Heart Church)
Ph: 242-323-0041

Benefits of Chiropractic

Optimizes health.
Improves immunity.
Slows the aging process.
Makes you feel great!
Corrects the cause rather than treats the symptoms.
More energy.
Painless.
Completely safe.
Allows better sleep.
Relieves tension & stress.
Improves spinal function.
Makes spinal discs healthier.
Improves pregnancy & delivery.
Improves athletic performance.
Quicker recovery from injury.
Usually prevents surgery.
Restores normal nerve supply.
Often instant relief from pain.
No drugs.
No needles.
Makes for a happier & healthier baby!
Affordable health care.
Thank you for considering our office for your chiropractic care! And if you don’t mind us saying so, we think you’ve made an excellent choice. We treat all of our patients – from the youngest to the oldest – like our own extended family. We feel it is our responsibility to explain everything in advance, value your time, and honor your health goals. By becoming one of our patients, you too will be entitled to the many benefits our practice has to offer.

We have listed some of them here:

• Affordable fees
• Convenient morning and evening hours
• Excellent location and parking
• Family oriented practice
• Beautiful, inviting office
• Special attention for the pregnant patient
• Little or no waiting for service
• Free educational “Health Break” seminars
• Free Prenatal Holistic Health care seminars
• Free subscription to our E-newsletter
• Massage therapist available (by appointment only)
• Special incentives for referring others
• Free exercise and nutritional counseling available upon request

Plus many more advantages and benefits!

You will find our entire staff to be very helpful and supportive of your health goals. We are very proud of our practice. Many of our patients offer excellent testimonies about their chiropractic care. We have hundreds of examples of not only relief from various health complaints, but significant improvement in their overall health. If there is anything that we can do to support or encourage you in your journey towards wellness and optimal health, please let us know and we will help you in any way possible.

Once again, thank you and we look forward to working with you to meet your health care goals.

Dr. Christie Prosper
Doctor of Chiropractic
Before I began chiropractic care, I was constantly seeing my general doctor and rheumatologist because of my arthritis, which was affecting my hands, knees and hips. I didn't have much energy, and I felt like my quality of life was not what I wanted it to be. As soon as I began seeing Dr. Prosper, I noticed small but steady improvement.

It has now been about 9 months, and I am so happy with my progress. I am enjoying things that I had given up due to my arthritis pain (Pilates, gardening, working around the house), and I feel like I am making progress every day. I truly believe that chiropractic has played a big role in this improvement. I have also used massage therapy as part of my program, and I believe that the combination of these activities are what has allowed me to return to doing the things I love.

Doctor Prosper and the entire staff have been so wonderful, so helpful, and so understanding of "the big picture" and have done everything they can to help me get my health back, and I couldn't be more pleased! Thank you! Kristyn A. Biondo

I am so glad I opted to try chiropractic. When I injured my neck last year, my medical doctor prescribed muscle relaxers and painkillers which after talking to friends and associates we agreed that they won’t fix the problem. However, after about a month of chiropractic treatments, the pain was greatly reduced, the ‘sleepiness’ in my legs and tingling in my fingers disappeared. I would and have recommended Dr. Prosper to friends and coworkers. Treatments at Prosper Family Chiropractic also offer great stress relief, which is a big plus!
~ Claretta Williams

I was experiencing back pain from the base of my neck to my tailbone, especially between my shoulder blades and lower back. Whenever I tried to exercise or was on my feet for a period of time, my lower back felt like it was on fire. Since I started chiropractic care with Dr. Prosper, the pain is my lower back has disappeared and I now enjoy walking and going on field trips with my kids. Dr. Prosper and the entire staff are friendly and welcoming. This is one of the best things that I have done for my health and well-being.
~ Pauline Rzepecki

Before coming to see Dr. Prosper my lower back and neck were in constant pain. Getting out of bed in the morning was often a difficult and painful occurrence each day. I recently had a severe case of heartburn and indigestion as well. Since I have been receiving chiropractic care my heartburn and indigestion has basically gone away. Since receiving care I have also noticed that I have more energy and I don’t hurt now every morning getting out of bed. Dr. Prosper is great and I have enjoyed all my visits.
~ Chad Ludke